

# LIMITS OF CONFIDENTIALIITY

Contents of all sessions are considered to be confidential. Both verbal information and written records about a patient cannot be shared with another party without the written consent of the patient or the patient's legal guardian. Noted exceptions are as follows:

#### **Duty to Warn and Protect**

When a patient discloses intentions or a plan to harm another person, we are required to warn the intended victim and report this information to legal authorities. In cases in which the patient discloses or implies a plan for suicide, we are required to notify legal authorities and make reasonable attempts to notify the family of the patient.

### Abuse of Children and Vulnerable Adults

If a patient states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, we are required to report this information to the appropriate social service and/or legal authorities.

### **Prenatal Exposure to Controlled Substances**

We are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

#### **Minors/Guardianship**

Parents or legal guardians of non-emancipated minor patients have the right to access the patients' records.

## **Insurance Providers (when applicable)**

Insurance companies and other third-party payers are given information that they request regarding services to patients.

Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

I agree to the above limits of confidentiality and understand their meanings and ramifications.

Signature of Patient (Patient's Parent/Gauardian if under 18)

Date of Signature / //